



S.O.S.

Saving Our Sons

Health Care or Lack of Care:

Improving the Delivery of Services to Better Serve Young Men!

"One of the biggest risks to men's health is their reluctance to seek help from services or to take part in health improvement programs. This is often because services and programs are not delivered in ways that take account of men's particular needs." (Dr. Ian Banks, President of Men's Health Forum)

For the past five years, Central Connecticut State University's Man Enough Support Initiative has organized the Healthyfellows College Men's Health Forum to address the education, health and wellness needs of the male student community. Each year, this forum has brought together male students of all ages and stakeholder from around the state to provide these students with an opportunity to explore ways to better care for themselves and increase their chances of personal success.



This year we will bring together students from around the state for an honest and constructive dialogue about the risk factors impeding the wellbeing of America's sons. With the help of our invited guest panelists (Kevin Lembo, CT. State Comptroller, Brandon McGee, State Representative, and Marcus Rivera, Consultant CT. State Department of Education) participants will explore and generate an action plan to address the issues impacting the lives of young men (e.g., risky behavior, violence, substance use, and unhealthy lifestyle choices). We will also explore ways to improve the availability, delivery, and accessibility of services to Connecticut's male students.



Central Connecticut State University
Connecticut Room, Memorial Hall
Wednesday, April 3, 2013
8:30 AM – 2:00 PM



This program is sponsored by the Counseling & Wellness Center, Office of Recruitment & Admission, and funded by the Office of Diversity & Equity. For additional information call (860) 832-1639