

Health Care Update

April 10, 2023

Agenda



- Public comment
- Financials
- Partnership (Bernie)
- High level utilization data (Josh)
- Communications (Betsy)
- Dental RFP results (Josh)
- Rates





FY 2022-2023 Year End Health Account Balances

Budget Review 1.15.23

| Active Employee Healthcare Appropriation | | | | |
|--|----|---------------|--|--|
| Projected Appropriation Balance | \$ | 35,916,178.19 | | |

| Active Employee Healthcare FAD Accounts | | | |
|---|----|---------------|--|
| Projected Active Health FAD | \$ | 33,500,086.79 | |
| Projected Active Rx FAD | \$ | 17,102,903,02 | |
| Combined FAD Balances: | \$ | 50,602,989.81 | |

| Retired Employee Healthcare Appropriation | | | | |
|---|----|---------------|--|--|
| Projected Appropriation Balance | \$ | 85,781,626.28 | | |

| Retired Employee Healthcare OPEB FAD Accounts | | | |
|---|----|----------------|--|
| Projected Retiree Health | \$ | 186,740,545.73 | |
| Projected Retiree Rx | \$ | 9,769,900.06 | |
| Combined FAD Balances: | \$ | 196,510,445.79 | |



Partnership 2.0

As of 4/1/23 we have 160 groups enrolled totaling just under 25,000 employees and approximately 58,000 members.

As of 4/1/23, we had 127 groups who have completed their 3-year contract commitment under Partnership and had the option of leaving the plan without an early termination penalty. Ten groups have decided to leave prior to 1/1/23.

Medical rates were also communicated in late March. Overall the active increase was 7.2%. We are waiting on the dental RFP to wrap up in order to provide updated dental/vision rates for those groups enrolled in our plans.

On 4/18 and 4/20 we will hold two partnership update meetings with existing group leads. There will be an updated utilization review as well as an slides on Quantum Health and the Quality First Plan Option for 7/1/23.

Also, on 4/27 our team will be going out to the CASBO (Connecticut Association of School Business Officials) event to market the partnership plan and answer questions.

Partnership 1.0

As of 4/1/23 we still have 5 groups remaining totaling approximately 2,400 employees and just under 3,400 members.

Actives & Non-Medicare Retirees All Plans

Utilization Dashboard

Current Period: Jan 2022 – Dec 2022 Prior Period: Jan 2021 – Dec 2021

| Claims Summary ¹ | | | | |
|-----------------------------|--------------------------------------|-----|---|------------------|
| | Total Cost (PMPM) % of Total Cost | | | Current Trend |
| Medical | \$704.03 | 82% | | 3.7% |
| Inpatient Facility | \$136.28 | 16% | ▼ | 4.3% |
| Outpatient Facility | \$277.96 | 32% | | 7.3% |
| Professional Services | \$268.74 | 31% | | 4.8% |
| Ancillary | \$21.05 | 2% | ▼ | 1.6% |
| Pharmacy | \$157.15 | 18% | | 8.2% |
| Total Cost | \$861.19 | | | 4.5% |
| | | | | |

| Category (Utilization per 1,000) | Current Period | Prior Period | % Change |
|----------------------------------|----------------|--------------|----------|
| Office Visits | 5,074 | 5,059 | 0.3% |
| Preventive Services | 4,766 | 4,923 | -3.2% |
| Inpatient Admissions | 68 | 69 | -1.8% |
| Average Cost Per Admission | \$24,132 | \$24,757 | -2.5% |
| Emergency Room (ER) Visits | 202 | 181 | 11.3% |
| Average ER Visit Cost | \$2,867 | \$2,759 | 3.9% |
| Urgent Care (UC) Visits | 432 | 475 | -8.9% |
| Average UC Visit Cost | \$211 | \$199 | 6.0% |
| Rx Scripts | 10,821 | 10,371 | 5.6% |
| Average Cost per Script | \$165 | \$161 | 2.5% |
| | | | |

Key Utilization Metrics

| | Drivers of Trend | | |
|-----------------------|------------------|---------------|----------|
| Service Category | Current PMPM | Prior PMPM | Change |
| Pharmacy – Specialty | \$47.07 | \$39.31 | ▲ \$7.76 |
| Outpatient – Surgery | \$83.50 | \$76.24 | ▲ \$7.25 |
| Outpatient – ER | \$48.15 | \$41.65 | ▲ \$6.50 |
| Outpatient – Pharmacy | \$51.42 | \$46.16 | ▲ \$5.26 |
| Inpatient – Medical | \$36.11 | \$40.86 | ▼ \$4.75 |



Monthly All-User Email Impact



| Email Topic | Sent*/Group | Open Rate | CTOR |
|--------------------------------------|---|-------------------|----------------------|
| HEP Wellbeing Seminars- Monthly | State (2/16) SPP (2/16) State personal (2/22) | 19% 40% 41% | 6.2% 1.0% 1.7% |
| Upswing Health Webinar- Arthritis | State (3/22) SPP (3/22) State personal (3/27) | 19% 44% 46% | 5.8% 2.0% 1.1% |
| Coming Soon: Quantum Health | State (3/23) SPP (3/23) State personal (3/23) | 21% 45% 51% | 3.3% 2.1% 1.2% |

Open Rate = Unique Opens / Deliveries; **Industry standard = 23.7%; CTOR** = Unique Clicks / Unique Opens; **Industry Standard = 13.4%**

*Email also sent to agency/group benefit contacts, call centers, Judicial and Higher Ed, HCCCC representatives

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EXAMPLE SERVICE OF CONNECTION AND CARE MANAGEMENT PROGRAM (HEP) THE STATE OF CONNECTION AND CARE MANAGEMENT SOLUTIONS - A VILLEMAR A FILLEMAR Monthly Online Well-being Seminars For employees and dependents







Dental RFP Process Overview

Initial proposals were due February 3, 2023

6 Bidders submitted proposals

Committee selected 3 finalists

Finalist interviews were held on March 13, 2023

First Best and Final Offer proposals were due March 16, 2023

Final Best and Final Offer proposals were due March 23, 2023

Committee submitted final scoring March 29, 2023

Cigna – the incumbent was selected by the Comptroller on March29, 2023 based upon the Committees recommendation



Active Health 7/1/23
Medical +8.8%
Prescription +4.4%
Overall +7.5%

Retiree Health 7/1/23
Medical +6.3%
Prescription +2.9%
Overall +5.6%

Dental

DHMO -6.0%
Active Basic/Enhanced +0.7%
Retiree Basic/Enhanced +4.7%

Total General Fund Appropriation for FY24 is \$1,498,426,000.
Increase of 1.89% (\$27.75 million) over FY23





Questions and Comments



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Adjourn