

Health Enhancement Program Preventive Minimum Requirements

	Birth to Age 5	Ages 6 to 17	Ages 18 to 24	Ages 25 to 29	Ages 30 to 39	Ages 40 to 49	Ages 50 +
Preventive Visit	*1One per year	Once every other year	Once every 3 years	Once every 3 years	Once every 3 years	Once every 2 years	One per year
Vision Exam	N/A	Once every 2 years	Once every 2 years	Once every 2 years	Once every 2 years	Once every 2 years	Once every 2 years
Dental Cleanings (if enrolled on a Dental plan with UHC or Cigna)	N/A	Two per year	Two per year	Two per year	Two per year	Two per year	Two per year
Cholesterol Screening	N/A	N/A	Once every 5 years starting at age 20	Once every 5 years	Once every 3 years	Once every 2 years	One per year
Clinical Breast Exam	N/A	N/A	Once every 3 years	Once every 3 years	Once every 3 years	Once every 3 years	Once every 3 years
Mammogram (Females)	N/A	N/A	N/A	N/A	One screening between ages of 35 and 39. Otherwise, as Recommended by Physician	As Recommended by Physician	As Recommended by Physician
Cervical Cancer Screening (Females)	N/A	N/A	Once every 3 years starting at age 21	Once every 3 years	Once every 3 years	Once every 3 years	Once every 3 years
Colorectal Screening	N/A	N/A	N/A	N/A	N/A	N/A	Annual fecal occult blood test OR Colonoscopy (w/CT) every 10 years

¹ Birth to Age 1 requires visits at Months 1,2,4,6,9 and 12 per American Academy of Pediatrics Guidelines

As is currently the case under the State Health plan, any medical decisions will continue to be made by you and your physician. Employees and their enrolled dependents in the Health Enhancement Program will have available and agree to participate in disease counseling and education programs which consist of the following components and there are the components you must meet to fulfill your commitment to the Health Enhancement Program. These programs only apply to those employees and their enrolled dependents in the disease states listed in the description of the Health Enhancement Program. For more details on the Health Enhancement Program please visit your employer's website at: <http://www.osc.ct.gov>.